

grain & grill

BAR & RESTAURANT

STARTERS

Soup of the Day (V)	£5.00
Served with freshly baked bread. <i>contains allergen 6 wheat</i>	
Crispy Feta Cheese	£5.00
Served with hot honey & leaves <i>Contains allergens 6,7,10,11,13</i>	
Creamy Garlic Mushrooms	£5.00
With fresh baked crusty bread <i>Contains allergen 6, 7, 13</i>	
Traditional Prawn Cocktail	£6.00
with Irish wheaten bread <i>Contains allergen 1,2 (prawns)</i>	
Vegetable Samosa	£5.00
Served with Hoi Sin Dipping Sauce and Salad <i>Contains allergen 6, 8, 10, 13</i>	

MAINS

Maldron Titanic Irish Beef Burger	£15.00
With a brioche bun with grilled smoked bacon, mature cheddar, chilli mayo, onion and aioli fries. <i>Contains allergens 3, 6 wheat, 7, 8, 11, 12, 13</i>	
Walter Ewing's Fresh Fillet of Battered Haddock	£15.00
Served with chunky chips, tartare sauce and a lemon wedge <i>Contains allergens 3 haddock, 6 wheat, 7, 11, 12, 13</i>	
Southern Fried Chicken Strips	£14.00
Served with skinny fries, tossed salad, house slaw and chilli dip <i>Contains allergens 3 fish, 6 wheat, 7, 11, 12, 13</i>	
Breast of Chicken	£15.00
Served with Creamy Mash, Broccoli and Forest Mushroom Cream Sauce <i>Contains allergens 7, 9, 12, 13</i>	
Cajun Chicken Burger	£15.00
With Tomato, Gem, Mayonnaise and Fries. <i>Contains allergens 6, 7, 11</i>	
Piri Piri Chicken	£14.00
With mixed leaves, tomato, onion, roast red peppers & cucumber <i>Contains allergens 6, 13</i>	
Sesame Coated Salmon	£16.00
With Asian noodles and a soya, garlic & ginger glaze <i>Contains allergens 3, 6, 8, 10</i>	

10oz Rump Steak	£18.00
Grilled tomato, chunky chips, tossed salad <i>Contains allergens 7, 8, 13</i>	
Slow Roast Daube Of Irish Beef	£14.00
With champ, French fried onions and pepper sauce <i>Contains allergens TBC</i>	
Garlic & Ricotta Ravioli (V)	£14.00
Served with parmesan cream, garlic and crusty bread <i>Contains allergens 6 wheat, 7, 11</i>	
Chickpea And Vegetable Curry	£14.00
With rice and naan bread <i>Contains allergens 6, 7, 8, 12</i>	
Vegetable Stir-fry	£14.00
With a sesame, soya and chilli sauce served with rice <i>Contains allergens 6, 8</i>	

PIZZAS

Margherita pizza (V)	£11.00
Tomato sauce and mozzarella cheese <i>Contains allergens 6 wheat, 7, 8</i>	
Ham & Pineapple Pizza	£13.00
Tomato sauce, mozzarella cheese, ham and pineapple <i>Contains allergens 6 wheat, 7, 8</i>	
Pepperoni Pizza	£13.00
Tomato sauce, mozzarella cheese and pepperoni <i>Contains allergens 6 wheat, 7, 8</i>	
BBQ Chicken Pizza	£13.00
BBQ chicken, mozzarella, tomato & BBQ sauce <i>Contains allergens 6 wheat, 7, 8</i>	

SIDES

£3.00 each

Cheesy Garlic Naan
 Chips
 Skinny Fries
 Peppered Sauce *Contains allergens 7*
 Side Salad *Contains allergens 11*
 Sauted Mushrooms
 French Fried Onions

DESSERTS

Selection of Dairy Ice-Creams <i>Contains allergens 7, 11</i>	£5.00
Homemade Sticky Toffee Pudding <i>Contains allergens 6 wheat, 7, 9, 11</i>	£6.00
White Chocolate Cheesecake <i>Contains allergens 6 wheat, 7</i>	£6.00
Chocolate And Raspberry Brownie With Crème fraiche <i>Contains allergens 7, 11</i>	£6.00

Allergens are listed for each dish. Please refer to the Allergen Index below:

A L L E R G E N I N D E X	
1. Crustaceans	8. Soya
2. Molluscs	9. Sulphur dioxide
3. Fish	10. Sesame seeds
4. Peanuts	11. Eggs
5. Nuts	12. Celery & celeriac
6. Cereals containing gluten	13. Mustard
7. Milk/milk products	14. Lupins

Food Allergy Disclaimer:
Please be advised that our menu items may contain allergens, may have come in contact with items containing allergens, and there is always a risk of contamination or cross contact. In addition, the potential does exist, that food manufacturers may change their formulation or manner of processing without our knowledge.