

# grain & grill

BAR & RESTAURANT

## Maldron Hotel Belfast International Airport Breakfast Selection

**Continental breakfast 5.00am – 7.00am**

**Cooked breakfast 7.00am – 10.00am**

### Juice Bar

Orange juice *(contains allergen 9)*

Apple Juice *(contains allergen 9)*

Cranberry juice *(contains allergen 9)*

### Traditional Hot Breakfast

Grilled back bacon, sausage, fried egg,  
Sautéed mushrooms, potato bread,  
Grilled tomatoes, baked beans, soda bread  
*(contains allergens 6, 7, 8, 9, 11)*

### Scrambled eggs, bacon & toast

*(contains allergens 6, 7, 8, 9, 11)*

### Omelette

*(contains allergen 7, 11)*

### Tea & Coffee

### Breads & Pastries

Farmhouse toasting breads  
*(contains allergen 6 wheat)*  
*Gluten-free bread available on request.*

Irish wheaten bread  
*(contains allergen 6 wheat)*

Butter croissants  
*(contains allergen 6, 7, 8, 9, 10,11)*

Pain au chocolat  
*(contains allergens 6, 7, 8, 9, 10, 11)*

Breakfast muffins  
*(contains allergens 6, 7, 8, 9, 10, 11)*

***All served with a selection of real honey,  
marmalade and jam.***

### Cereals

Selection of popular cereals  
*(contains allergens 5, 6)*

Allergens are listed for each dish. Please refer to the Allergen Index below:

## ALLERGEN INDEX

- |                              |                       |
|------------------------------|-----------------------|
| 1. Crustaceans               | 8. Soya               |
| 2. Molluscs                  | 9. Sulphur dioxide    |
| 3. Fish                      | 10. Sesame seeds      |
| 4. Peanuts                   | 11. Eggs              |
| 5. Nuts                      | 12. Celery & celeriac |
| 6. Cereals containing gluten | 13. Mustard           |
| 7. Milk/milk products        | 14. Lupins            |

### Food Allergy Disclaimer:

Please be advised that our menu items may contain allergens, may have come in contact with items containing allergens, and there is always a risk of contamination or cross contact. In addition, the potential does exist, that food manufacturers may change their formulation or manner of processing without our knowledge.