## grain\&grill

## StARTERS

Soup Of the Day (V)£6.00served with freshly baked bread.contains allergen 6 wheat
## Breaded Brie

with a Red Onion Jam$£ 8.00$contains allergens 6 wheat,7,11,Korean Style Chicken Wings ..... £7.00
With Cucumber Relish and Sesame Seeds
contains allergen 5 sesame seeds, 6 wheat, 8, 13
Salt And Pepper Squid ..... £8.00
served with salad and garlic mayonnaise
contains allergen 2 (molluscs) 6 (wheat) 7,8,11,13
Vegetable Spring Rolls (V) ..... £7.00
served with sriracha mayonnaise and salad contains allergen 6 wheat, 8, 13
MAINS
Maldron Titanic Irish Beef Burger£16.00with a brioche bun, grilled smoked bacon, mature cheddar, chilli mayo, onion and aioli friescontains allergens 3,6 wheat, $7,8,11,12,13$
Walter Ewing's Fresh Fillet of Battered Haddock£17.00served with chunky chips, tartare sauce and a lemon wedgecontains allergens 3 haddock, 6 wheat, 7, 11, 12, 13
Southern Fried Chicken Strips£15.00served with skinny fries, tossed salad, house slaw and chilli dipcontains allergens 3 fish, 6 wheat, 7, 11, 12, 13
Breast of Chicken£17.00with creamy mash, green vegetables and a mushroom and smoked bacon saucecontains allergens 7, 9, 12, 13
Cajun Chicken Burger ..... £16.00with tomato, gem lettuce, mayonnaise and fries.contains allergens 6 wheat, 7, 8, 11
Piri Piri Chicken£17.00with mixed leaves, tomato, onion, roast red peppers \& cucumbercontains allergens 13
Salmon Fillet£19.00served on crushed baby boiled potatoes, green vegetables, and a lemon and tarragon saucecontains allergens 3

## 10 oz Irish Rump Steak

£22.00
grilled tomato, chunky chips, tossed salad
contains allergens 7, 8, 13

## Slow Roast Daube of Irish Beef

£17.00
with champ, French fried onion rings and peppered sauce
contains allergens 6 wheat,7,8,9

## Pasta Carbonara

£16.00
penne pasta with a garlic cream, bacon and parmesan, served with garlic bread contains allergens 6 wheat, 7, 11

## Garlic \& Ricotta Ravioli (V)

served with parmesan cream, garlic and crusty bread
contains allergens 6 wheat, 7, 11

Sundried Tomato and Basil Risotto (V)
served with parmesan \& leaves
contains allergens 7
Spinach and Avocado Burger with Sriracha Sauce
tomato, red onion, lettuce and vegan mayo served with fries
contains allergens 6 wheat

## PizzAs

## Margherita Pizza (V)

tomato sauce and mozzarella cheese
contains allergens 6 wheat, 7, 8

## Ham \& Pineapple Pizza

tomato sauce, mozzarella cheese, ham and pineapple contains allergens 6 wheat, 7, 8

## Pepperoni Pizza

tomato sauce, mozzarella cheese and pepperoni contains allergens 6 wheat, 7, 8

BBQ Chicken Pizza $£ 15.00$
BBQ chicken, mozzarella, tomato \& BBQ sauce
contains allergens 6 wheat, 7, 8

## Sides

## £4.00 each

| Chips | Skinny Fries |
| :--- | :--- |
| Peppered Sauce Contains allergens 7 | Side Salad Contains allergens 11 |
| Sautéed Mushrooms | French Fried Onion Rings Contains allergens 6 wheat |



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## DESSERTS

Selection Of Dairy Ice-Creams ..... £6.00
contains allergens 6 wheat, 7, 11
Fresh Fruit Salad (V) ..... £7.00
Orange Chocolate Cheesecake ..... £7.00served with vanilla ice-creamcontains allergens 6 wheat, 7,8
Limoncello Sponge Pudding ..... £7.00served with custardcontains allergens 6, wheat, 7, 11
Caramelised Apple Tart ..... $£ 7.00$
with vanilla ice-cream
contains allergens 6 wheat, 7
Chocolate and Coconut Tart with Berry Compote (V) ..... £7.00Contains allergens 5,8

Allergens are listed for each dish. Please refer to the Allergen Index below:

|  | A L L ER | N | 1 N |
| :---: | :---: | :---: | :---: |
| 1. | Crustaceans | 8. | Soya |
| 2. | Molluscs | 9. | Sulphur |
| 3. | Fish | 10. | Sesame |
| 4. | Peanuts | 11. | Eggs |
| 5. | Nuts | 12. |  |
| 6. | Cereals containing gluten | 13. | Mustard |
| 7. | Milk/milkproducts | 14. | Lupins |

## Food Allergy Disclaimer:

Please be advised that our menu items may contain allergens, may have come in contact with items containing allergens, and there is always a risk of contamination or cross contact. In addition, the potential does exist, that food manufacturers may change theirformulation ormanner of processing withoutourknowledge.

